

Attention-Deficit/Hyperactivity Disorder (ADHD)

Signs of ADHD:

- Difficulties with keeping body still
- Having too much energy (excessively moving or talking)
- Difficulty with self-control
- Acting out without thinking first
- Challenges with sustaining attention in tasks
- Challenges organizing tasks and activities and following directions
- Difficulties with waiting your turn

Where to get an evaluation:

- Center for Neuropsychology, Learning and Development Roger Lauer, Ph.D., Director
 5864 Interface Dr., Suite D, Ann Arbor, MI 48103
 734.994-9466
 www.cnld.org
- Ann Arbor Center for the Family 2395 Oak Valley Drive, Suite 100, Ann Arbor, MI 48103 734.995.5181 <u>https://www.annarborcenter.com/</u>
- Michigan Medicine Child and Adolescent Psychiatry Rachel Upjohn Building 4250 Plymouth Rd., Ann Arbor, MI 48109 <u>mottchildren.org/our-locations/eaap-pediatric-psych</u>
- Pure Psychiatry of Michigan 2755 Carpenter Rd, Suite 3SE Ann Arbor, MI 48108 (734) 548-6099 <u>https://www.purepsychmi.com/</u>
- Pure Psychiatry of Michigan

Speech-Language & Occupational Therapy www.a2therapyworks.com info@a2therapyworks.com 734-369-6002



41100 Plymouth Road Suite 110 Plymouth, MI 48170 (734) 335-1336 https://www.purepsychmi.com/

- McCaskill Family Services
 Parkview Professional Park
 409 Plymouth Road, Suite 250
 Plymouth, MI 48170
 <u>https://www.mccaskillfamilyservices.com/about.html</u>
- Blue Bird Child and Family Psychology 632 N Mill St Plymouth, MI 48170 https://www.bluebirdcfp.com/
- Michigan Medicine Rehabilitation Psychology and Neuropsychology 355 Briarwood Circle, Ann Arbor MI 48103 734-946-7052 <u>https://medicine.umich.edu/dept/pmr/patient-care/core-practice-areas/rehabilitation-psychology</u>
- Brighton Center for Pediatric Neurodevelopment 2250 Genoa Business Park Dr Suite 100, Brighton, MI 48114 810-360-1110 https://www.bcpn.org/
- Neuropsychology Partners
 250 W Eisenhower Pkwy UNIT 190, Ann Arbor, MI 48103
 810-588-6377
 https://neuropsychologyllc.com/
- Mind Matters Neuropsychology 2001 Commonwealth Blvd, Ann Arbor, MI 48105 734-212-1085 <u>https://a2minds.com/</u>
- Huffman Psychology 4572 Hagadorn Rd # 2G, East Lansing, MI 48823 517-337-9554 <u>http://www.hpsych.com/</u>

References:

National Institute of Mental Health (n.d.). *Attention-deficit/hyperactivity disorder in children and teens: what you need to know*. Retrieved from



https://www.nimh.nih.gov/health/publications/attention-deficit-hyperactivity-disorder-inchildren-and-teens-what-you-need-to-know

> Speech-Language & Occupational Therapy www.a2therapyworks.com info@a2therapyworks.com 734-369-6002