

# Our Favorite Occupational Therapy Apps!

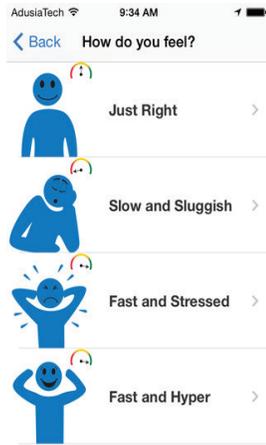


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## Sensory Processing:

### 1. Brainworks "Sensory" Diet

BrainWorks simplifies the process of creating sensory diets and teaches self-modulation through its use.



### 2. Therapeutic Listening:

Allows access to purchase and listen to Therapeutic Listening. This app works on improved regulation and focus.



## Pre-handwriting /Handwriting:

### 1. Ready to Print

Progresses from pre-school building block skills to letter formation including touch and touch and drag skills, shape matching, following a path, drawing shapes, pinch skills, and capital and lowercase letter formation. Scores the child on accuracy and speed and has adjustable settings.



### 2. Handwriting Without Tears Wet/Dry/Try

Provides great visual example before having the child trace the letter and holds them accountable for correct letter formation.

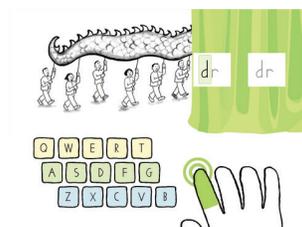


### 3. Start Dot

Great visuals, variety of formats for writing the letters, and has printables for carry-over onto pencil/paper work.



## Keyboarding:



### 1. Keyboarding Without Tears

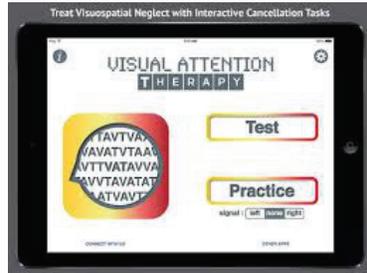
## Fine Motor:



1. Dexterity



2. Letter Reflex



3. Visual Attention Therapy



4. Little Things

## Preschool Apps for fine and visual motor:



1. Bugs and Buttons

The app goes beyond simply great graphics and beautiful music by engaging children through intriguing game play that progressively adapts to their skill level. Designed to be self paced, each activity offers simple visual instructions. Offering two play modes, children can choose to be automatically guided or explore and play.

2. Bugs and Bubbles

Bugs and Bubbles is the latest app in a growing collection based on the award winning Bugs and Buttons. The uniquely detailed graphical styling, beautiful music, and advanced interactivity is designed to engage, entertain, and educate.



## Self Care Routines for Pre-school age:



1. Talking Ginger

Ginger helps practice self care routines like brushing your teeth, bathing and getting ready in the morning.

Visit Us Online at [www.A2TherapyWorks.com](http://www.A2TherapyWorks.com)



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